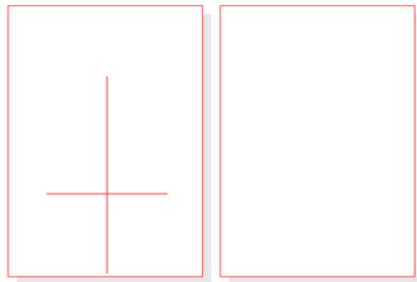


The Importance Of A Good Chair

■ Importance Of Proper Seating Posture

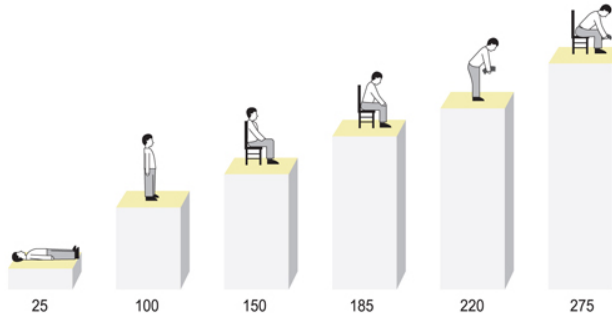
Office-related injuries which result from prolonged seating hours in office are increasing tremendously. The prevalence of PC's results in growing number of complaints regarding pain or problems on eyes, neck, shoulders, and wrists, as well as back area. In the future, chair designs will focus not only on appearances but also on ergonomics features, in order to provide firm and comfortable support for many different postures for work, rest and other activities, with minimal pressure and weight load on the body. Choosing conventional chairs based on price and appearances may result in injuries on the spine and hips, as shown in the left picture below.



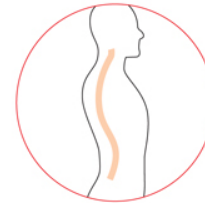
Conventional chair user

Ergonomics chair user

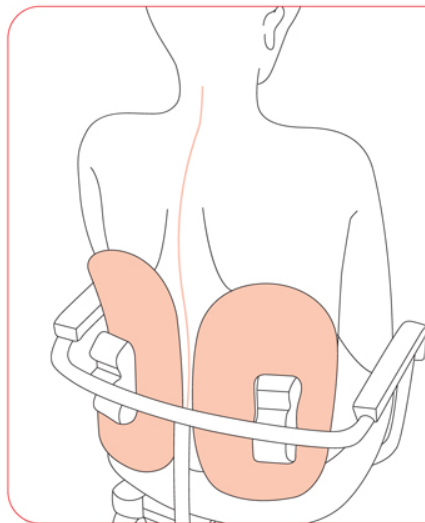
■ Your Back Experiences This Much Of Pressure



If the amount of pressure on your back is 100% when standing, it is no lighter when sitting. The weight load on the upper body, especially on the back is 1.5 times compared to when standing, and 6 times compared to when lying down. Improper sitting posture can cause chronic back pain or spinal problems when prolonged. To prevent this, it is ideal to keep your spine in an S-like posture, and sit deep inside chair seats. It is also important to place the heels flat onto the floor, with your knees bent in 90 degrees. Above all, it is most important to choose a good chair that fits your physique and posture, encouraging dynamic sitting with highest level of ergonomics features.



It is important to keep an S-curve when sitting, as well as when standing.



■ Dual Backrests That Minimized Weight Load On The Back And Support Your Spine.

DUOREST is equipped with the worldwide patented dual backrests technology, which is originated from Germany. DUOREST ergonomics chairs support the right and left sides of the back, reducing the pressure on the lumbar vertebra by up to 30kgs. The dual backrests is supported in the middle so that when you lean back, the lower portion of the backrest swivels forward. This movement turns the pelvis up and causes a back muscle pressure massage phenomenon. This ingenious, good posture promoting chair, not only prevents fatigue, the unlimited movement and adaptability of the dual backrests create a rucksack like massaging effect on the entire back musculature.

DUOREST Excellent Features

- 1 Adapts to the contour of the back.
- 2 Relieves pressure on the back by up to 30kgs.
- 3 Provides firm support on the back muscles for any sitting positions.
- 4 Eases pressure on the spine and provides therapy for back problems.